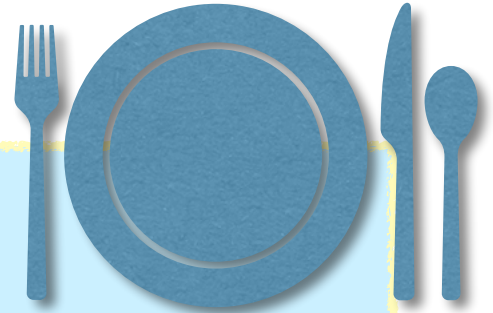
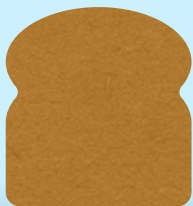
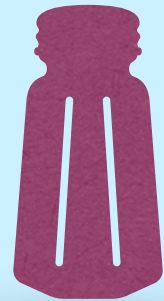


Gebratener Feta in Honig-Sesam-Kruste mit Orangen-Feldsalat

Zutaten für 2 Personen:



200g	Feta
1	Ei
2 EL	Milch
3 EL	Paniermehl
1 TL	Paprikapulver / Chiliflocken
1 TL	Salz
1 TL	Pfeffer
8 EL	Sesam
4 EL	Öl
4 EL	Honig



200g	Feldsalat
1	Bio-Orange
3	Scheiben Vollkorn-Toastbrot
1 EL	Balsamico
4	Champignons